Table 1: Participant characteristics (mean ± standard deviation).

|  |  |  |
| --- | --- | --- |
| Sex | Males (N=45) | Females (N=48) |
| Age (years) | 44.2 ± 15.4 | 47.2 ± 18.0 |
| Height (cm) | 168.1 ± 7.0 | 178.4 ± 7.1 |